

The municipal service where you can look after both yourself and others



Ajuntament de
Barcelona

At VilaVeïna, we look after each other as a community because caring is for everyone

VilaVeïna is a free service provided by Barcelona City Council where you can find information about the services and resources closest to you to help you look after yourself and others, and discover a range of ideas and activities to help improve your quality of life.

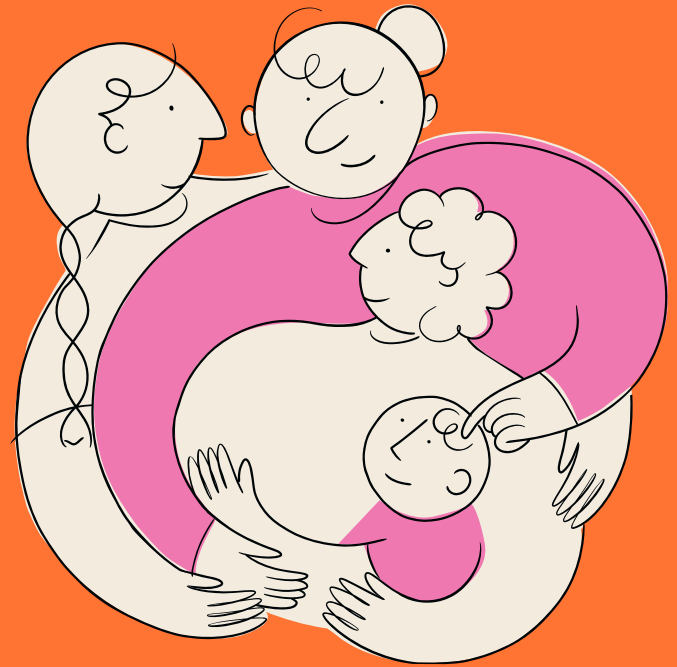
The service can be used by anyone, but it is especially aimed at those who are in particular need of support, such as children and the elderly and the people who look after them.

Below we explain who this service can help.

Do you look after your partner, a relative or someone else who's close to you?

You are a carer

VilaVeïna, Barcelona City Council's new free service, supports carers, giving you information and guidance on the support and benefits you are entitled to, and the resources available that can help you relax and take a break from your work as a carer.

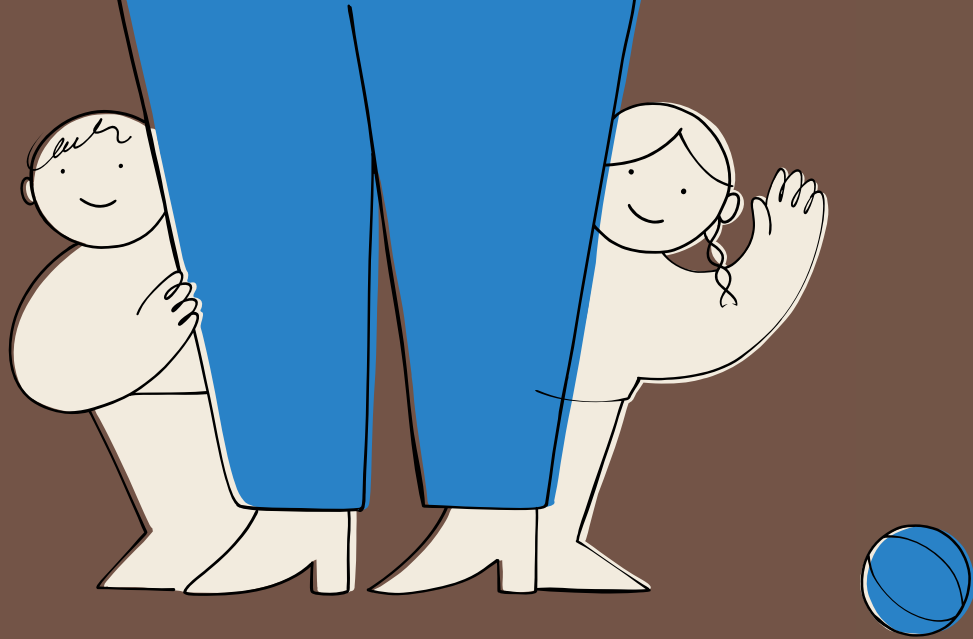


Are you a professional carer?

The new free VilaVeïna service looks after you!

If your job is looking after elderly people or dependants, we have a few ideas to help and support you professionally, giving you information and legal guidance about your employment rights and duties, as well as self-care and welfare resources to help you to look after yourself, among other services.





Do you have children under your care?

**If so, the VilaVeïna
service is for you!**

Looking after children is very rewarding, but it can also be exhausting. Raising children is always easier with someone to support you and share the work. We can provide you with information and guidance on childcare-related procedures, benefits and support, as well as resources to help you achieve a good work-life balance, among other services.



**Do you need
help at home,
or do you think
you might need
help soon?**

VilaVeïna is by your side

If you think you already need, or are going to need, support in your everyday life, perhaps to help you with the cleaning, cooking or shopping, and you don't know where to start, at VilaVeïna you'll find the services and resources you need to look after yourself.



Are you growing older and feeling lonely?

**Come to VilaVeïna:
we have ideas for you!**

The pandemic has really affected our social and emotional ties. If you feel lonely, or would like to go out more and meet more people in your neighbourhood, we can help.



There is a VilaVeïna branch near you.

You can find us at:

VilaVeïna Vilapicina i la Torre Llobeta

Torre Llobeta Civic Centre
C. de Santa Fe 2, 08031
T. 678 880 937
vv_vilapicina@bcn.cat

Opening hours

→ Mornings: Tuesdays and Fridays, from 9.30 am to 1.15 pm
→ Afternoons: Mondays and Thursdays, from 4 to 7.45 pm

VilaVeïna Provençals del Poblenou

Ca l'Isidret Neighbourhood Centre
C. de Josep Pla 174, 08020
T. 933 032 705
vv_provincalspoblenou@bcn.cat

Opening hours

→ Mornings: Tuesdays and Thursdays, from 9.30 am to 1 pm
→ Afternoons: Mondays and Wednesdays, from 4 to 8 pm

VilaVeïna La Marina

La Vinya Neighbourhood Centre
C. dels Alts Fornos 87, 08038
T. 930 000 460
vv_lamarinaport@bcn.cat

Opening hours

→ Mornings: Mondays and Fridays, from 9 am to 1.30 pm
→ Afternoons: Mondays and Tuesdays, from 4 to 8 pm

VilaVeïna El Congrés i els Indians

Congrés - Indians Neighbourhood Centre
C. de la Manigua 25 - 35, 08027
T. 933 513 953
vv_congresindians@bcn.cat

Opening hours

→ Mornings: Mondays and Thursdays, from 9.30 am to 1.30 pm
→ Afternoons: Tuesdays and Wednesdays, from 4 to 8 pm

VilaVeïna La Trinitat Vella

Trinitat Vella Community Life Centre
Ctra. de Ribes 51 - 65, 08033
T. 662 015 017
vv_trinitatvella@bcn.cat

Opening hours

→ Mondays and Thursdays, from 9.30 am to 1.30 pm
→ Afternoons: Tuesdays and Wednesdays, from 4 to 8 pm

VilaVeïna Sant Gervasi de Cassoles

Vil·la Florida Civic Centre
C. de Muntaner 544, 08022
vv_stgervasicassoles@bcn.cat

Opening hours

- Mornings: Tuesdays and Fridays, from 10 am to 2 pm
- Afternoons: Mondays and Wednesdays, from 4 to 8 pm

VilaVeïna La Vila de Gràcia

Gran Montmany Centre for the Elderly
C. de Montmany 45, 08012
vv_viladegracia@bcn.cat

Opening hours

- Mornings: Mondays and Thursdays, from 10 am to 1 pm
- Afternoons: Tuesdays and Wednesdays, from 4 to 8 pm

VilaVeïna El Barri Gòtic

Pati Llimona Civic Centre
C. del Regomir 3, 08002
T. 932 566 109
vv_gotic@bcn.cat

Opening hours

- Mornings: Mondays and Thursdays, from 9.30 am to 1 pm
- Afternoons: Tuesdays and Wednesdays, from 4 to 8 pm

VilaVeïna El Carmel

El Carmel - Juan Marsé Library
C. de la Murtra 135 - 145, 08032
vv_carmel@bcn.cat

Opening hours

- Mornings: Tuesdays and Fridays, from 9.30 am to 1.30 pm
- Afternoons: Mondays and Wednesdays, from 4 to 8 pm

VilaVeïna La Maternitat i Sant Ramon

La Maternitat
Cardenal Reig Space
C. del Cardenal Reig 11, 08028

Opening hours

- Mornings: Tuesdays, from 9.30 am to 1.30 pm
- Afternoons: Mondays and Wednesdays, from 4 to 8 pm

Sant Ramon
Space at the Social Service Center
C. de Travessera de Les Corts 122, 08028

Opening hours

- Mornings: Fridays, from 9.30 am to 1.30 pm

T. 934 406 728
vv_maternitatstramon@bcn.cat

vila veïna

Posant la vida al centre

Further information
Barcelona.cat/vilaveina
vilaveina@bcn.cat
or call 010