

# BARCELONA



## BCN ANTIMASCLISTA

**I HAVE A BUSINESS, HOW CAN I  
HELP WOMEN WHO ARE SUFFERING  
FROM GENDER VIOLENCE?**

---

# FROM HOME

# I HAVE A BUSINESS, HOW CAN I HELP WOMEN WHO ARE SUFFERING FROM GENDER VIOLENCE?

## DO

- Have information on the specialised services available in a visible place.
- If you suspect that a client might be in this situation, form a bond with her and look out for her so she knows she can count on you.
- If a woman asks you for help, make sure she's alone and that her abuser is not close by.
- Offer to make a phone call for her to request guidance and/or file a report.
- Inform her about the municipal services that are open.

## DON'T

- Don't ignore the situation or get upset: try to help however you can.
- Don't jump the gun and don't judge: listen and offer your support doing only what the woman asks of you.
- Don't call into question the story that the person in this situation is telling you.

+34 900 900 120  
FREE 24-HOUR HOTLINE AGAINST  
GENDER VIOLENCE  
[www.barcelona.cat/bcnantimasclista](http://www.barcelona.cat/bcnantimasclista)