If you find yourself in one of these situations, you may be a victim of a human trafficking crime:

• You were offered work, but when you got to Barcelona, the reality has nothing to do with what you were offered.
• You are being held under threat or duress directed at yourself or your family.
• You are being forced to stay in a place you do not wish to be in or you are being forced to do things you do not want to do.
• You are being forced to work.
• You are being forced to work in a house as a domestic worker without any rest.
• You are being forced to prostitute yourself or take part in pornography.
• You are being forced to marry someone you do not wish to marry.
• You are being forced to beg on the street.
• You are being forced to commit crime.

Whether you are a woman or a man, adult or minor, regardless of whether or not your papers are in order, WE CAN HELP YOU AT THE MUNICIPAL UNIT AGAINST HUMAN TRAFFICKING (UTEH).

We offer you social assistance, counselling and legal advice and we can arrange a safe place for you.

Contact us: 677 445 190
(by phone and WhatsApp)
Helpline times:
Mondays to Thursdays, 9 am to 6 pm, and Fridays, 9 am to 2 pm.

Outside the UTEH’s helpline times, you can go to our Barcelona Social Emergencies Centre (CUESB, C/ Llacuna, 25), which offers assistance 24 hours a day, 365 days a year.
Tel: 900 703 030.