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BARCELONA  
**INTERNATIONAL  
COMMUNITY  
DAY**

**OCTOBER 21ST, 2017**

MUSEU MARÍTIM DE BARCELONA

Programme of activities  
and Exhibitors

EN

 **Barcelona  
Activa**

**Ajuntament de  
Barcelona**





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**LA VANGUARDIA**

# BARCELONA INTERNATIONAL COMMUNITY DAY

Welcome,

Barcelona is an open city. Open to its people, to talent, entrepreneurship, art and culture from around the world.

It is a cosmopolitan city that is proud to welcome everyone who visits or comes to live, work, study, create, research or launch new projects.

We want everyone who comes to settle in the city to feel welcome and enjoy the experience and local lifestyle. This is why we've created **Barcelona International Community Day**.

It is a meeting point for the established international community in the Barcelona area. It also aims to be a gateway to the city, welcoming newer arrivals, which is why it features information, resources and many opportunities to make contacts and put down roots as a Barcelona native.

For this reason, it is essential that local and international talent create spaces where they can come together, integrate, participate in community, social life and collective culture together.

This is the best way to get to know Barcelona and the best way to feel like part of a community like ours. By being aware of the services available to the international community, and joining organisations, associations, sports, cultural and creative centres, you'll find an indispensable part of Barcelona's essence.

This diversity is one of the greatest assets that Barcelona wants to showcase to the world, and we hope to have your help in making this possible.

Jaume Collboni  
Deputy Mayor for Enterprise, Culture and Innovation  
Barcelona City Council



Mix in with Barcelona





## INDEX

<b>FAST GUIDE</b>	<b>6</b>
<b>PROGRAMME</b>	<b>8</b>
<b>HOST AMBASSADORS</b>	<b>19</b>
<b>EXHIBITION MAP</b>	<b>26</b>
<b>EXHIBITORS</b>	<b>28</b>
Premium stands	32
Basic stands	34
Education showroom	45
Information desks	50

[barcelona.cat/internationalcommunityday](http://barcelona.cat/internationalcommunityday)  
[#BarcelonalCD](https://twitter.com/BarcelonalCD)

**Promoted by:**

Barcelona Activa – Barcelona City Council  
Carrer Llacuna, 162 - 08018 Barcelona

## SALA LLOBREGAT

10:30 - 11:00 am

EN

CONFERENCE: «CREATING YOUR PERSONAL BRAND TO FIND A JOB», *by English with Impact*

11:15 - 11:45 am

EN

CONFERENCE: «KEY FINANCIAL ISSUES FOR GETTING STARTED IN BARCELONA», *by Banco Sabadell*

12:00 - 12:30 pm

EN

CONFERENCE: «MOVING TO BARCELONA: EXPECTATIONS VS. REALITY», *by BRS Relocation Services*

12:45 - 1:45 pm

EN

WORKSHOP: «HOW TO SPEAK IN PUBLIC AND NOT DIE TRYING», *by Prestigious Speakers - Toastmasters International*

2:00 - 2:30 pm

EN

CONFERENCE: «ENJOYING BARCELONA AS A FAMILY», *moderated by Mammaproof*

2:45 - 3:15 pm

EN

CONFERENCE: «THE ABCs OF TAXES IN SPAIN: ADVANTAGES AND CHARACTERISTICS», *by Net Craman Abogados*

3:30 - 4:30 pm

EN

PANEL DISCUSSION: «BARCELONA WELCOMES PROFESSIONAL WOMEN», *moderated by Professional Women's Network Barcelona*

4:45 - 5:15 pm

EN

CONFERENCE: «ENTREPRENEURIAL BARCELONA: HOW TO START A BUSINESS», *by Barcelona Activa*

## SALA BESÒS

10:30 - 11:00 am

EN

CONFERENCE: «HOW DOES HEALTHCARE WORK IN CATALONIA?», *by Clinicum*

11:15 - 11:45 am

EN

CONFERENCE: «INTERNATIONAL MOBILITY OF PROFESSIONALS AND INVESTORS TO BARCELONA», *by OMB Immigration*

12:00 - 1:00 pm

ES EN

PANEL DISCUSSION HOSTS BICD 2017: «WORKING IN BARCELONA: SHARING EXPERIENCES», *moderated by aPortada Comunicació*

1:15 - 1:45 pm

EN

CONFERENCE: «CHALLENGES, CHANGES AND OPPORTUNITIES IN THE REAL ESTATE SECTOR IN THE BARCELONA AREA», *by ATIPIKA Barcelona, Real Estate*

2.00 - 3:00 pm

EN

PANEL DISCUSSION: «MADE-IN-BARCELONA ENVIRONMENTS: INCUBATORS, COWORKINGS, ACCELERATORS», *moderated by Barcinno Media*

3:15 - 3:45 pm

ES

CONFERENCE: «IMPROVING YOUR QUALITY OF LIFE», *by Nuria Roura*

4:00 - 5:00 pm

ES EN

PANEL DISCUSSION: «LGBTI COMMUNITY IN BARCELONA», *moderated by Barcelona Activa*

5:15 - 6:15 pm

ES

PANEL DISCUSSION: «NEW CITY MODELS: SUSTAINABLE MOBILITY», *moderated by Strategic Metropolitan Plan of Barcelona (PEMB)*



Personal landing



Working and doing business



Enjoying the city

## SALA COLLSEROLA

10:30 - 11:00 am

ES EN

CONFERENCE: "ARTICKET, THE BEST ART IN BARCELONA WITH JUST ONE TICKET", by *Grupó Articket*

11:15 - 12:15 pm

EN

PANEL DISCUSSION: "NEW CITY, NEW SCHOOL: TIPS FOR CHOOSING WISELY", moderated by *MumAbroad*

12:30 - 1:30 pm

ES

WORKSHOP: "VERMOUTH, CATALAN TRADITION", by *VadeVermut*

1:45 - 2:15 pm

EN

CONFERENCE: "DISCOVER THE CULTURAL OFFERING IN BARCELONA", by the *Barcelona Culture Institute (ICUB)*

2:30 - 3:00 pm

EN

CONFERENCE: "PREPARING FOR BREXIT", by *Spectrum IFA Group*

3:15 - 3:45 pm

EN

CONFERENCE: "LIVING ABROAD: IDEAS TO HELP YOU ENJOY IT AND MAKE IT YOUR HOME", by *Mercedes Segura*

4:00 - 4:30 pm

EN

CONFERENCE: "RUNNING IN BARCELONA: WHERE AND HOW TO START DOING SPORT", by *Physiotherapy Barcelona*

4:45 - 5:30 pm

CAT EN

WORKSHOP: "VOLUNTEERING FOR CATALAN LANGUAGE", by *Consorci per a la Normalització Lingüística*

## LUDOTECA

10:30 - 11:30 am

ES EN

CHILDREN'S ACTIVITY: "PRINTING WORKSHOP", by *El Culturista*

11:45 - 12:45 pm

ES CAT EN

CHILDREN'S ACTIVITY: "MAKING A PUPPET", by *Comet*

1:00 - 2:00 pm

ES EN

CHILDREN'S ACTIVITY: "FACE PAINTING", sponsored by *Barcelona International School Association (BISA)*

2:15 - 4:00 pm

EN

CHILDREN'S ACTIVITY: "ROBOTICS WORKSHOP", led by *LEGO Education ROBOTIX* and sponsored by *Barcelona International Schools Association (BISA)*

4:15 - 6:30 pm

ES EN

CHILDREN'S ACTIVITY: "FACE PAINTING", sponsored by *Barcelona International School Association (BISA)*

## OTHER SPACES

10:30 - 11:30 am

EN

ACTIVITY: "SPEED NETWORKING", by *aPortada Comunicació*  
Museum garden

11:45 - 12:45 pm

ES EN

CHILDREN'S WORKSHOP: "UNLIMITED FUN WITH LEGO® BRICKS", by *Bricks 4 Kidz®*  
Museum Garden

1:00 - 1:45 pm

EN

ACTIVITY: "SPEED NETWORKING", by *aPortada Comunicació*  
Museum garden

1:15 - 2:15 pm

ES EN

ACTIVITY WITH BICD 2017  
HOSTS: "A COFFEE WITH...", by *aPortada Comunicació*  
Àgora

2:00 - 3:00 pm

EN

CHILDREN'S ACTIVITY: "MAGIC WORKSHOP", led by *La Magia de Albert Llorens* and sponsored by *FLG-Associació de Famílies LGTBI*  
Museum garden

2:00 - 3:00 pm

ES EN

WORKSHOP: "YOGA AS A PART OF DAILY LIFE", by *International Yoga Teachers Association - IYTA*  
Sala Montjuïc

3:45 - 4:45 pm

EN

ACTIVITY: "SPEED NETWORKING", by *aPortada Comunicació*  
Museum garden

5:00 - 5:30 pm

PERFORMANCE: "CORAL BARCELONA RAINBOW SINGERS"  
Museum garden

6:15 - 7:00 pm

SHOW: "RUMBA CATALANA", by *Aires de Rumba*  
Museum garden

## ALL DAY

ÀGORA: CULINARY SPACE, FOOD TRUCK AND CRAFT BEER  
NETWORKING SPACE: "PUT DOWN ROOTS, CREATIVE NETWORKING TREES"  
LUDOTECA

## SALA LLOBREGAT

EN 10:30 - 11:00 am

**CONFERENCE: «CREATING YOUR PERSONAL BRAND TO FIND A JOB»,**  
*by English with Impact*SPEAKER: Caroline Harvey, founder,  
*English with Impact*

DESCRIPTION: Looking for work in Barcelona? Want to take advantage of your personal brand to open up new opportunities? This session will share tips on how to convey your strengths, where to find your target audience and how to create your brand brand, in order to help you find a new job.

EN 11:15 - 11:45 am

**CONFERENCE: «KEY FINANCIAL ISSUES FOR GETTING STARTED IN BARCELONA»,**  
*by Banco Sabadell*

SPEAKER: Sandra García, Project Manager Segments &amp; Value Proposition

DESCRIPTION: Have you come to Barcelona to set up a company? Or do you prefer to invest? Is Barcelona where your new professional future lies? This conference will give financial tips on how to get started in the city: opening a bank account, applying for a loan and doing the financial paperwork necessary to get your personal or business project going.

EN 12:00 - 12:30 pm

**CONFERENCE: «MOVING TO BARCELONA: EXPECTATIONS VS. REALITY»,**  
*by BRS Relocation Services*SPEAKER: Beatriz Carro de Prada,  
General Manager, *BRS Relocation Services*

DESCRIPTION: Barcelona is one of the most attractive cities for expats thanks to its climate, culture, cuisine and location. When thinking about moving to Barcelona, you have to remember that the reality of the experience may not always live up to your expectations. So it's very important to get all the information you can beforehand. Based on the real experiences of several clients, this conference will share stories to help understand the aspects of our city that attract expats most and important things to keep in mind.

EN 12:45 - 1:45 pm

**WORKSHOP: «HOW TO SPEAK IN PUBLIC AND NOT DIE TRYING»,**  
*by Prestigious Speakers - Toastmasters International*LEADER: Julia Pardo, Vice-president for Public Relations, *Prestigious Speakers - Toastmasters Club in Barcelona*

DESCRIPTION: Who hasn't felt like crawling into a hole and hiding when they have to speak in public? This feeling is totally normal and can be overcome with the right tools and loads of practice. This interactive workshop will cover the basics of public speaking so that the next time you have to do it you won't feel like burying your head in the sand like an ostrich.

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**EN 2:00 - 2:30 pm**

**CONFERENCE: «ENJOYING BARCELONA AS A FAMILY», moderated by Mammaproof**

SPEAKERS: Mavi Villatoro (CEO) and Anaïs Orihuela (Brand, Communication & Content Manager)

DESCRIPTION: Barcelona offers many activities to enjoy your free time as a family. This session will go over some of the most interesting options available for families with children who have recently moved to the city.

---

**EN 2:45 - 3:15 pm**

**CONFERENCE: «THE ABCs OF TAXES IN SPAIN: ADVANTAGES AND CHARACTERISTICS», by Net Craman Abogados**

SPEAKER: Tomás Lamarca, founding partner, *Net Craman Abogados*

DESCRIPTION: What fiscal obligations do foreign citizens have in Spain? What tax breaks can you take advantage of when starting up a business? This conference will answer these questions

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and cover the special tax regime for displaced workers, also known as the "Beckham law", going over the fundamentals and specifics of this regime, which is extremely important for in-patriates as it reduces their tax burden.

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**EN 3:30 - 4:30 pm**

**PANEL DISCUSSION: «BARCELONA WELCOMES PROFESSIONAL WOMEN», moderated by Professional Women's Network Barcelona**

MODERATOR: Eimear O'Neill, VP of Marketing & Communications, *Professional Women's Network (PWN)*

DESCRIPTION: What do professional women need to ensure their projects will be successful in Barcelona? This round table will show how Barcelona welcomes foreign professionals and those returning after spending time abroad. Participants will also debate the importance and value of networking, mentoring and training programmes.

PARTICIPANTS:

- Caroline Courtier, *Conduent*, Head of International Compensation & Benefits.
  - Rosa M<sup>a</sup> Di Capua, *Mercer Consulting S.L.U.*, partner.
  - Ana Sarmiento, Speaker, coach and specialist in work strategies for Millennials and Employer Branding.
  - Jelena Trajkovic Karamata, *Nestlé*, Head of Global Digital Hub.
-

EN 4:45 - 5:15 pm

**CONFERENCE: «ENTREPRENEURIAL BARCELONA: HOW TO START A BUSINESS», by *Barcelona Activa***SPEAKER: Xavier Dumont, Head of *Entrepreneurial Resources Centre*

DESCRIPTION: If you're thinking of embarking on a new stage in your

professional life and starting up your own business in Barcelona, you'll be interested in knowing that Barcelona Activa has programmes and activities to help you throughout the process, from a business idea to launching your business. Plus, we'll go over all the key factors to keep in mind when starting up a company.

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**SALA BESÒS**

EN 10:30 - 11:00 am

**CONFERENCE: «HOW DOES HEALTHCARE WORK IN CATALONIA?», by *Clínicum***SPEAKER: Dr Joan Giralt, head of the Vitreo-Retina Unit at *Hospital Clínic Barcelona*

DESCRIPTION: The healthcare system in Catalonia is a mixed model, with public, private and charter centres. This conference will explain how this mixed system works, as well as covering the range of options in addition to public care that can speed up medical appointments and give patients immediate access to a world of healthcare services.

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EN 11:15 - 11:45 am

**CONFERENCE: «INTERNATIONAL MOBILITY OF PROFESSIONALS AND INVESTORS TO BARCELONA», by *OMB Immigration***

SPEAKER: Oriol Mosso Bel, lawyer

DESCRIPTION: This session will cover what is popularly known as the Entrepreneurs' law, which offers a shortcut in visa and residency processing for specific profiles of foreign talent in order to support economic growth and job creation. These profiles include investors, people who start up companies or those who are highly qualified and meet a series of requirements.

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EN 12:00 - 1:00 pm

**PANEL DISCUSSION HOSTS BICD 2017: «WORKING IN BARCELONA: SHARING EXPERIENCES», moderated by *aPortada Comunicació***

MODERATOR: Cristina Salvador,

Director of *aPortada Comunicació*

DESCRIPTION: The five hosts of BICD 2017, expats established in Barcelona, will reflect on their arrival in Barcelona: their early days working, what surprised them most and what they are doing now. A place to share experiences and offer up useful advice for new arrivals. Plus, people who come to this panel discussion will have a chance to sign up for the activity “A coffee with...” when the session is finished.

PARTICIPANTS:

- Philippe Delespesse (Belgium): Managing Partner, *Inteligencia Creativa*.
- Tomás Díez (Venezuela): Director, *Fab Lab Barcelona*.
- Ma Kexing (China): cultural manager and translator of Spanish and Catalan literature.
- Gaëlle Patin Laloy (France): Head of the Diversity and Multiculturalism programme at *Casa Asia*.
- Mohamed Soulimane (Morocco): composer, founder and conductor, *Orquestra Àrab de Barcelona*.

EN 1:15 - 1:45 pm

**CONFERENCE: «CHALLENGES, CHANGES AND OPPORTUNITIES IN THE REAL ESTATE SECTOR IN THE BARCELONA AREA», by *ATIPIKA Barcelona, Real Estate***

SPEAKER: Renzo Riva, Manager, *ATIPIKA Barcelona, Real Estate*

DESCRIPTION: Have you just arrived in Barcelona and are looking for a place to live? Do you know how the real estate sector works? This conference will give an overview of the sector, which expects to see housing prices stabilise. Plus, it will include advice to help make the purchase or rental process easier.

EN 2:00 - 3:00 pm

**PANEL DISCUSSION: «MADE-IN-BARCELONA ENVIRONMENTS: INCUBATORS, COWORKINGS, ACCELERATORS», moderated by *Barcinno Media***

MODERATOR: Scott Mackin, founder, *Barcinno Media* and *Bourbon Creative*

DESCRIPTION: Are you self-employed and looking for a place to work? Do you have a business idea and need help developing it? Barcelona has several types of spaces where you can work and carry out your project. But how do you know which one suits you best? Do you know the initiatives available? This panel will discuss what makes these spaces different, which services they offer and their advantages.

PARTICIPANTS:

- Mauricio Juliá Borrell: General Manager, *Fabrick Gracia*.
- Xavier Dumont: Head of Entrepreneurial Resources Centre, *Barcelona Activa*.
- Neus Inglada: Founder and manager of *Cowork Rambla Catalunya* and member of the *Cowocat* board of directors.

ES 3:15 - 3:45 pm

**CONFERENCE: «IMPROVING YOUR QUALITY OF LIFE», by Nuria Roura**

SPEAKER: Nuria Roura, lifestyle coach

DESCRIPTION: How can you improve your quality of life? What every-day things should you pay more attention to? This session will provide tips, tools and ideas for habits that can be changed if you make an effort to lead a more healthy, coherent, sustainable lifestyle that brings you physical, emotional, mental and spiritual wellbeing.

ES EN 4:00 - 5:00 pm

**PANEL DISCUSSION: «LGBTI COMMUNITY IN BARCELONA», moderated by Barcelona Activa**

MODERATOR: Alan Cabañas, LGBTI Projects Coordinator. City Promotion Area, *Barcelona City Council*

DESCRIPTION: Barcelona is a city committed to gender and sexual diversity. In this panel discussion, the spokespeople from several local organisations will discuss areas of interest for lesbian, gay, bisexual, trans

and intersex individuals (LGBTI), like for example the advances in legal rights, family life, members of the community and the cultural, sports and leisure activities available in the city.

PARTICIPANTS:

- Andreu Agustín: Coordinator for the *Barcelona City Council* Municipal plan for gender and sexual diversity.
- Katy Pallàs: President, *FLG- Associació de Famílies LGTBI*.
- Jordi Samsó: Vice-president, *Casal Lambda*.
- Toni Travieso: President, *Panteres Grogues*.
- Eloi Morte: Director of *ACEGAL (Associació Catalana d'Empreses per a Gais i Lesbianes)* and *Pride Barcelona*.

ES 5:15 - 6:15 pm

**PANEL DISCUSSION: «NEW CITY MODELS: SUSTAINABLE MOBILITY», moderated by Strategic Metropolitan Plan of Barcelona (PEMB)**

MODERATOR: Nel·la Saborit, transport, urban-planning and mobility specialist, Studies and Projects expert, *Strategic Metropolitan Plan of Barcelona (PEMB)*

DESCRIPTION: A sustainable mobility model is a healthy, low-carbon model that prioritises urban quality of life and collective wellbeing, and the creation of comfortable public spaces that foster interaction among residents. Barcelona is positioning itself as a global benchmark in efficient public transport. This panel discussion will focus on the initiatives geared towards gradually

reducing the use of fossil fuels and their impact on the environment and people's health.

**PARTICIPANTS:**

- Sílvia Casorrán: Sustainable Mobility expert. Head of BICI, *Metropolitan Area of Barcelona (AMB)*.
- Irene Navarro: environmental scientist and landscape designer, Consultant on popular participation and landscapes, *Espai TReS*.

- Lluís Alegre: Technical Director, *Autoritat del Transport Metropolità (ATM)*.
  - Ricard Riol: President, Association for the *Promotion of the Public Transport (PTP)*.
- 

## SALA COLLSEROLA

**ES EN 10:30 - 11:00 am**

**CONFERENCE: «ARTICKET, THE BEST ART IN BARCELONA WITH JUST ONE TICKET», by *Grupo Articket***

**SPEAKERS:** Maria Ribas, head of the Audiences Unit, *Centre de Cultura Contemporània de Barcelona (CCCB)*, and Anna Noëlle, head of Communication, *Fundació Joan Miró*

**DESCRIPTION:** Are you interested in knowing the latest about art exhibits in Barcelona? Do you want to delve into the work of artists like Miró, Picasso and Tàpies? In 1998, seven cultural institutions in the city came together to create a product to make it easier and more comfortable for people to see art. This conference will explain how to use this passport that allows you to visit the permanent collections and temporary exhibits at Barcelona's best art museums for a year.

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**EN 11:15 am - 12:15 pm**

**PANEL DISCUSSION: «NEW CITY, NEW SCHOOL: TIPS FOR CHOOSING WISELY», moderated by *MumAbroad***

**MODERATOR:** Carrie Fraiss, founder, *MumAbroad*

**DESCRIPTION:** One of the biggest challenges facing families with children when moving to Barcelona is choosing the right school. Local or international? In this panel discussion, education professionals and parents will debate the key aspects to take into account when making this decision.

**PARTICIPANTS:**

- Mark Pingitore, Director of *The American School of Barcelona (ASB)*, President of *Barcelona International Schools Association (BISA)* and father of two.
  - Emma Grenham, Founder and director of *Kids in Barcelona*.
  - Jane Mitchell, Associate Director of *MumAbroad*, mother of 3.
-

ES 12:30 - 1:30 pm

**WORKSHOP: «VERMOUTH, CATALAN TRADITION» by VadeVermut**

LEADER: Goretta Pérez

DESCRIPTION: What is the history of vermouth? How is it made? What is it like? This culinary workshop will cover all of these questions and give participants the opportunity to taste four Catalan-made vermouths with select snacks.

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EN 1:45 - 2:15 pm

**CONFERENCE: «DISCOVER THE CULTURAL OFFERING IN BARCELONA» by the Barcelona Culture Institute (ICUB)**

SPEAKER: Jaume Muñoz, Foreign Relations expert

DESCRIPTION: Culture is something that has characterised Barcelona for centuries. Today, this can be seen in the artistic legacy on the city streets as well as the wide variety of cultural activities that are created and exhibited in the city every day. We'll explore the aspects of Barcelona's cultural life that will allow you to enjoy and discover all its potential.

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EN 2:30 - 3:00 pm

**CONFERENCE: «PREPARING FOR BREXIT», by Spectrum IFA Group**

SPEAKER: Chris Burke, partner

DESCRIPTION: Do you know how Brexit may affect expats from the United Kingdom? Wills, personal finances,

residency, travel and other issues to take into account when you have a non-EU passport.

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EN 3:15 - 3:45 pm

**CONFERENCE: «LIVING ABROAD: IDEAS TO HELP YOU ENJOY IT AND MAKE IT YOUR HOME», by Mercedes Segura**

SPEAKER: Mercedes Segura, ESADE professor, personal communication advisor and theatre producer

DESCRIPTION: This conference is inspired by the book “¡Me Voy!”, in which several professionals who live and work in other countries share their experiences honestly and with a sense of humour, including what they did right and what went wrong. All of this will help new arrivals in Barcelona who want to enjoy the experience of living in a new place.

---

EN 4:00 - 4:30 pm

**CONFERENCE: «RUNNING IN BARCELONA: WHERE AND HOW TO START DOING SPORT», by Physiotherapy Barcelona**

SPEAKER: Koen Willems, founder

DESCRIPTION: Do you want to discover Barcelona from a different point of view? Do you love running? Barcelona is a privileged environment with numerous places to do sport outdoors: the sea, mountains, parks, etc. This conference will give you tips on how to choose your route and which are the best places to run.

---

CAT EN 4:45 - 5:30 pm

**WORKSHOP: «VOLUNTEERING FOR CATALAN LANGUAGE», by Consorci per a la Normalització Lingüística**

LEADER: Marcel Pellejà i Adalid, Head of Volunteering for Catalan language

DESCRIPTION: Do you speak a bit of Catalan? Want to practice and become more fluent? Do you like the idea of chatting about everyday topics and getting to know people who speak Catalan on a daily basis? Come chat with volunteers participating in this successful programme. Many people have become more proficient in Catalan in this fun, easy, casual way.

---

**LUDOTECA**

ES EN 10:30 - 11:30 am

**CHILDREN'S ACTIVITY: «PRINTING WORKSHOP», by El Culturista**

DESCRIPTION: The little ones will get an introduction to printing with different techniques to recreate prints and textures that represent Barcelona using stamps.

---

ES EN 1:00 - 2.00 pm / 4:15 - 6:30 pm

**CHILDREN'S ACTIVITY: «FACE PAINTING», sponsored by Barcelona International School Association (BISA)**

LEADER: Lupita Sierra, make-up artist  
DESCRIPTION: Fantastic face painting. Get your face painted with all different colours, glitter or stickers. Be transformed into one of your favourite characters.

---

ES CAT EN 11:45 - 12:45 pm

**CHILDREN'S ACTIVITY: «MAKING A PUPPET», by Comeet**

DESCRIPTION: An easy, creative workshop to make wooden puppets. With the help of a monitor, you can create your own favourite character and take them home as a souvenir.

---

EN 2:15 - 4:00 pm

**CHILDREN'S ACTIVITY: «ROBOTICS WORKSHOP», led by LEGO Education ROBOTIX and sponsored by Barcelona International Schools Association (BISA)**

DESCRIPTION: Delve into the world of robotics in this workshop. Through teamwork, you'll be able to tackle fun missions and overcome challenges. A great activity to foster teamwork, communication and problem resolution.

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## OTHER SPACES

**EN** 10:30 - 11:30 am / 1:00 - 1:45 pm /  
3:45 - 4:45 pm

**ACTIVITY: «SPEED NETWORKING», by  
*aPortada Comunicació***

VENUE: Museum garden

LEADER: Meritxell Jordana, Head of  
Consultancy, *aPortada Comunicació*

DESCRIPTION: We invite you to join  
in this fun experience at one of the  
three networking sessions, where  
you can chat and socialise with  
other people. Don't miss out on these  
unique gatherings with informal  
activities where you can present your  
business and meet other people from  
the international community in the  
Barcelona area. Fancy joining us?

---

**ES EN** 11:45 am - 12:45 pm

**CHILDREN'S WORKSHOP:  
«UNLIMITED FUN WITH LEGO®  
BRICKS», by *Bricks 4 Kidz®***

VENUE: Museum garden

DESCRIPTION: Let your imagination  
soar, overcome challenges and have  
fun playing with unique models made  
from LEGO® bricks. A place where there  
are no limits on your creativity. Activity  
suitable for children from 3 to 14 years  
old.

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**ES EN** 1:15 - 2:15 pm

**ACTIVITY WITH BICD 2017 HOSTS:  
«A COFFEE WITH...», by *aPortada  
Comunicació***

VENUE: Àgora

DESCRIPTION: Have you just arrived in  
Barcelona? Do you need tips to tackle  
a specific area of your life in the city?  
In this activity, which you must sign up  
for after the panel discussion "Working  
in Barcelona: Sharing experiences",  
participants will have the chance to have  
a coffee with one of the five hosts of  
BICD 2017: Philippe Delespesse, Tomás  
Díez, Gaëlle Patin Laloy, Ma Kexing or  
Mohamed Soulimane. A speed-dating  
activity to share experiences with other  
expats in Barcelona.

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**EN** 2:00 - 3:00 pm

**CHILDREN'S ACTIVITY: «MAGIC  
WORKSHOP», led by *La Magia de  
Albert Llorens and sponsored by FLG-  
Associació de Famílies LGTBI***

ESPACIO: Museum garden

DESCRIPTION: Classical magic tricks  
with handkerchiefs that change colour,  
ropes that get shorter or longer, etc.  
Tables will fly through the air; spoons  
will bend with only the power of the  
mind. Do you want to witness impossible  
predictions? Where's the trick in this  
activity? Or is it just magic?

---

ES EN 2:00 - 3:00 pm

**WORKSHOP: «YOGA AS A PART OF DAILY LIFE», by International Yoga Teachers Association - IYTA**

VENUE: Sala Montjuïc

DESCRIPTION: Hatha Yoga class to prepare you for self-observation. You'll become aware of your body as a whole through breathing, relaxation and concentration, boosting your general mood and balancing mind and body for increased wellness. Comfortable clothing recommended.

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5:00 - 5:30 pm

**PERFORMANCE: «CORAL BARCELONA RAINBOW SINGERS»**

VENUE: Museum garden

DESCRIPTION: Barcelona Rainbow Singers is the choir of the Club Esportiu Les Panteres Grogues. This is an LGBTI, heterofriendly group that is open to anyone who loves music and likes to sing. It is a mixed-voice choir with both professional and *amateur* singers performing an eclectic repertoire of international pop hits.

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6:15 - 7:00 pm

**SHOW: «RUMBA CATALANA», by Aires de Rumba**

VENUE: Museum garden

DESCRIPTION: The Catalan rumba is a type of music born in the Gracia and Raval neighbourhoods, created by the Catalan gypsy community. Highly influenced by flamenco rumba and Cuban music, its hallmark is the combination of strumming and hitting the guitar. Come enjoy this live show featuring Catalan rumba!

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Throughout the day:

**CULINARY SPACE, FOOD TRUCK AND CRAFT BEER**

VENUE: Àgora

DESCRIPTION: In the Àgora, you'll find a wide variety of food options: coffee, juice, soft drinks, craft beer, sandwiches, omelettes, salads and other options for when hunger strikes and you want to rest or meet new people.

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Throughout the day:

**NETWORKING SPACE: «PUT DOWN ROOTS, CREATIVE NETWORKING TREES», by Comeet**

DESCRIPTION: Participants will hang a leaf with their offers or proposals on the creative networking trees to trade contact info and share both professional and personal experiences. Together we will create beautiful trees representing the international community in Barcelona.

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More information at: [www.bisa.info](http://www.bisa.info)

**HOST AMBASSADORS**

We are lucky to have host ambassadors for the 4th **Barcelona International Community Day**.

These five figures have a very special mission: to welcome you to the city and help you feel at home.

They are **Philippe Delespesse** (Belgium), **Tomás Díez** (Venezuela), **Ma Kexing** (China), **Gaëlle Patin Laloy** (France) and **Mohamed Soulimane** (Morocco).

They all came to Barcelona from other countries years ago, with their baggage and unique situations, and now each is focusing on different professional activities. They have all been through the experience of establishing their lives here and now feel at home in the city.

Come learn more about their experiences and share opinions with them!



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At 12 noon, they will lead the panel discussion “*Working in Barcelona: sharing experiences*” (Sala Besòs). Afterwards, you can sign up for the “*A coffee with...*” activity (Àgora), where the five host ambassadors will be available for one-on-one chats to answer your questions.

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**PHILIPPE DELESPESE (Belgium)**

**Managing Partner, *Inteligencia Creativa***

**What do you like best about Barcelona?**

I live everything about Barcelona, that's why I've lived here for 20 years. I would highlight the human size of the city. It doesn't have many drawbacks but has all the advantages. It has the sea, the mountains, culture. It's a very pleasant place to live.

**What surprised you most?**

I was surprised by how easy it is for people to mix two cultures and two languages. I'm from Brussels, which is also a bilingual city, but it isn't really because native speakers of one language speak the other as a foreign language.

**What advice would you give someone who has just come to the city?**

That they don't lock themselves into a community of expats, foreigners or people from their country, which is possible because there are many people from all over. I would suggest getting to know the locals and making an effort to live like the locals.

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## **TOMÁS DÍEZ (Venezuela)**

**Director, *Fab Lab Barcelona***

### **What do you like best about Barcelona?**

What I like best about Barcelona is that it is multicultural, it is a very open and cosmopolitan city. And, above all, the urban quality it offers. Barcelona is a very liveable city; it allows for personal interactions. It is a city that is basically a social platform. And that's quite unique in the world.

### **What advice would you give someone who has just come to the city?**

To persevere. One of the things I've learned here is that, if you persevere, if you're determined, you can make your ideas and dreams come true.

### **What has Barcelona contributed to your life?**

A new way of working and practising my profession. I've learned to look at urban planning in a different way, through technology. And I don't think that would have been possible in another context.

---

**MA KEXING (China)****Cultural manager and translator of Spanish and Catalan literature****What do you like best about Barcelona?**

What I like most about it is that it's a city that is always changing; you never get bored. Even if you live here, you always see something new every time you go outside. There's always a surprise: around any corner, at any time.

**What surprised you most?**

know. They say Barcelona is a village and, in this regard, I like it because you always see people you know on the street.

**What has Barcelona contributed to your life?**

I've become a much braver person here. In China, I had many ideas; I wanted to do many things. But I lived according to the opinions of others. Here I'm a foreigner; there aren't as many people who know me and I can try to do things that I like. I never would have imagined organising a Chinese film festival in a foreign city, but now it's happening and I'm participating in the Lychee Film Festival.

---





## **GAËLLE PATIN LALOY (France)**

**Head of the Diversity and Multiculturalism Programme, *Casa Asia***

### **What do you like best about Barcelona?**

Barcelona is my home, a city bursting with creativity; a surprising, culturally rich city. It's a city you have to visit, love and live.

### **What advice would you give someone who has just come to the city?**

Learn the languages. Not just Spanish, Catalan, too. At least a bit to get started. And I'd also suggest taking advantage of all the opportunities the city has to offer, like cultural activities and neighbourhood festivals.

### **What has Barcelona contributed to your life?**

Barcelona has brought me many things both personally and professionally. For example, a great network of professional contacts and many friends, too. It has also helped me bring up my children in an international setting, open to other cultures.

---

**MOHAMED SOULIMANE (Morocco)**

**Composer, founder and conductor, *Orquestra Àrab de Barcelona***

**Why did you come to Barcelona?**

I was on my way to Belgium to finish my degree in Electronic Engineering but the city drew me in and I stayed. After 20 years here, I don't regret it a bit; especially after travelling the world and realising that Barcelona is a beautiful city.

**What do you like best about Barcelona?**

What I like best is how different it is from my background, and I learn a lot from these differences. I also like the food. I like Barcelona as a city and I like the Mediterranean climate, which is very similar to that in the city in Morocco where I was born: Chaouen.

**What surprised you most?**

In the beginning, I was very surprised by the co-existence of the two languages. I hadn't looked into it and I didn't know that people speak a different language here and that the culture is different from Spanish culture.

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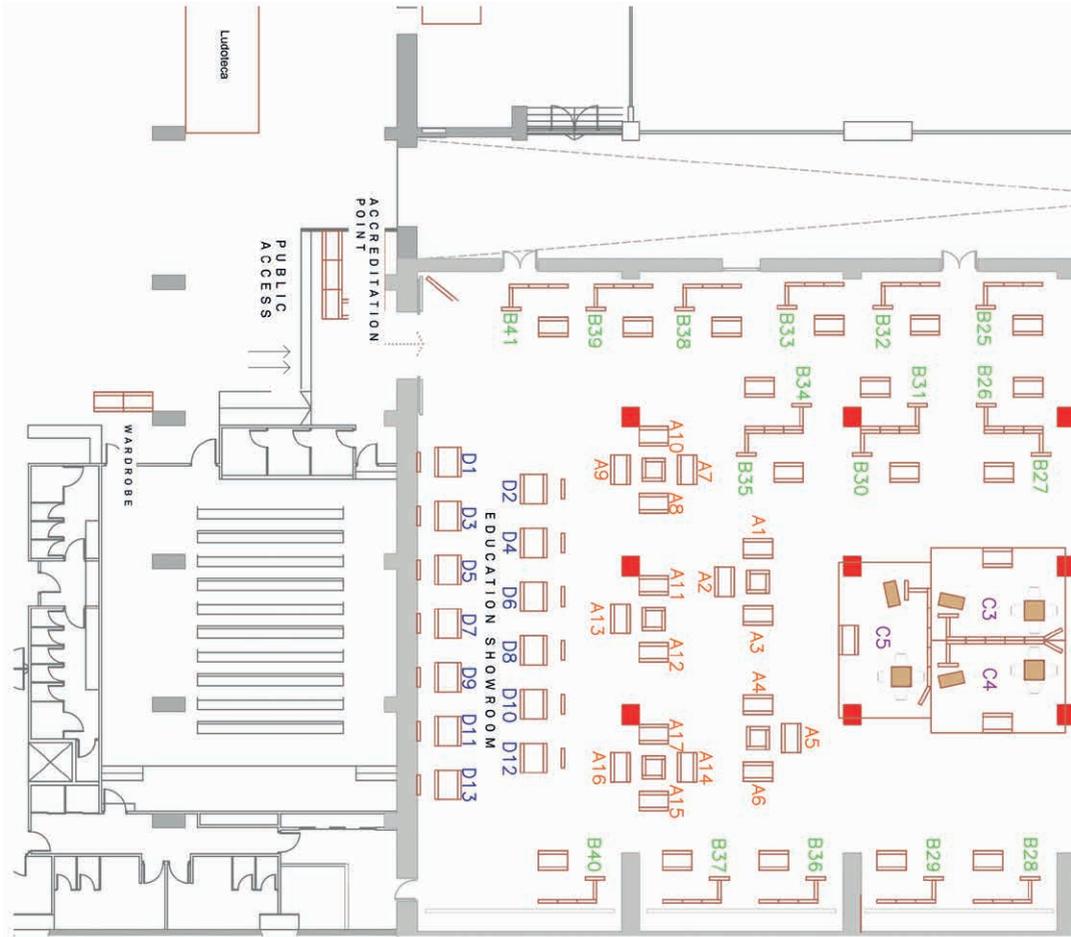


Rating effective from 17th December 2015.  
For the latest rating, please visit  
[www.ambest.com](http://www.ambest.com)



AWP Health & Life SA, acting through its Irish Branch, is a limited company governed by the French Insurance Code. Registered in France: No. 401 154 679 RCS Nanterre. Irish Branch registered in the Irish Companies Registration Office, registered No.: 907619, address: 15 Joyce Way, Park West Business Campus, Nangor Road, Dublin 12, Ireland.

Allianz Worldwide Care is a registered business name of AWP Health & Life SA.





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PROMOTER AND SPONSORS	BOOTH
Barcelona City Council - Barcelona Activa	C6
Banc Sabadell	C3
Allianz Worldwide Care	C4
ATIPIKA Barcelona, Real Estate	C5
Barcelona International Schools Association (BISA)	-
BRS Relocation Services	C1
Net Craman Abogados	C2

## BASIC BOOTHS

COMPANIES AND ORGANIZATIONS	BOOTH
Avancar	B29
Balcells Group (Legal, Immigration, Business & Taxes)	B16
Barcelona Culture Institute	B23
Barcelona Metropolitan	B36
Barcelona Sports Institute	B18
BCNLIP	B12
Biblioteques de Barcelona	B22
Bicing	B20
Bricks 4 Kidz	B40
Catenon	B9
Clínicum	B19
Consorci d'Educació de Barcelona	B25 / 26
Consorci per a la Normalització Lingüística	B32
EADA Business School Barcelona	B5
Epitech	B31
Fabrick Gracia	B37
FEDA German Business School - EDU Institute of management and technology	B13
Fortefis / Ergo Office	B34
Inspire Boutique Apartments	B7
Integra Advisers	B33
Kingsbrook Idiomas	B41

La Salle - Ramon Llull University	B2
Languages4Life	B10
L'IDEM Creative Arts School, France / Barcelona	B8
Loftus Bradford - Executive Search	B14
LUCAS FOX International Properties	B4
Mercats de Barcelona	B24
Ontranslation	B38
Page Personnel	B30
Physiotherapy Barcelona & Running Barcelona	B39
Sanitas Poblenou	B3
SpanishZoom	B17
Talent Search People	B6
The Spectrum IFA Group	B1
TripMedic	B11
Turisme de Barcelona - Diputació de Barcelona	B21
Turó Park Medical Center	B27
UHY Fay & Co	B28
Vitalia Quiropractica	B15
Wicklow Tax Advisors	B35

## EDUCATION SHOWROOM

INTERNATIONAL SCHOOLS	BOOTH
American School of Barcelona	D2
Benjamin Franklin International School	D8
Deutsche Schule Barcelona - Colegio Alemán	D1
ES International School	D3
Gresol International - American School	D13
Hamelin - Laie International School	D10
Lycée Français de Barcelone	D4
Lycée Français de Gavà Bon Soleil	D7
OAK House School	D9
Scuola Italiana di Bacellona	D11
SEK - Catalunya International School	D5
St. Peter's School Barcelona	D6
The British College of Gavà	D12

## INFORMATION DESKS

EXPAT ASSOCIATIONS AND SOCIAL CLUBS	BOOTH
ACEGAL, Associació Catalana d'empreses per gais i lesbianes	A6
Asociación Cultural Casa Rusa en Cataluña	A10
ASODAME - Club BPW - BCN (Business Professional Women)	A1
Barcelona Women's Network (BWN)	A12
Casa degli Italiani di Barcellona	A7
Catalònia Hoquei Club	A16
CEEAC, Cambra d'Emprenedors i Empresaris	A4
Club de Negocios México-Barcelona	A11
Club Natació Barcelona	A13
Club Suizo de Barcelona	A9
COWOCAT - Associació Coworking de Catalunya	A15
International Yoga Teachers Association (IYTA)	A14
InterNations	A8
Professional Women's Network (PWN) Barcelona	A5
Red Global MX (Mexicanos calificados en el exterior) Capítulo Barcelona	A3
Servicio Filipino	A17
Union des Français de l'Étranger	A2

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# PREMIUM BOOTHS

PROMOTER AND SPONSORS

## BARCELONA CITY COUNCIL - BARCELONA ACTIVA



Ajuntament de  
Barcelona



The Barcelona City Council, through the City Promotion Directorate, works to promote dynamism and loyalty among the international community living in the city and its sphere of influence. Barcelona Activa, the organisation in charge of promoting economic development in the city, offers services for every segment of society, including employment policies, support for entrepreneurship and companies, and actions to foster the diverse local economy.

**Web/email:** [www.barcelonactiva.cat](http://www.barcelonactiva.cat) / [citypromotion@barcelonactiva.cat](mailto:citypromotion@barcelonactiva.cat)

## BANC SABADELL



With more than 135 years in the business, Banc Sabadell leads the fourth largest private banking group in the country and is one of the best-capitalised financial institutions in Spain. Banc Sabadell has more than €219 billion in assets and has won the trust of 11.8 million clients.

The past decade has been a historical time of growth, demonstrating its strength during the economic crisis and restructuring of the Spanish financial system, and expanding internationally into Mexico, Peru, Colombia and the United Kingdom, where it purchased TSB in 2015.

Banc Sabadell is a pioneer in offices and units that specialise in non-resident foreigners in Spain, whether expats or residential tourism clients.

**Web/email:** [www.bancsabadell.com](http://www.bancsabadell.com) / [info@bancsabadell.com](mailto:info@bancsabadell.com)

## ALLIANZ WORLDWIDE CARE



Allianz Worldwide Care is the Allianz Worldwide Partners (Grupo Allianz) brand that specialises in international health, life and disability insurance policies, as well as a wide range of health and protection services for organisations, companies and individuals around the world.

These products and services help people, families, foreign students, SMEs, large multinational corporations, international governmental organisations (IGOs), non-governmental organisations (NGOs) and other bodies attract and retain staff,

looking out for their wellbeing and managing international mobility while ensuring total protection.

**Web/email:** [www.allianzworldwidecare.com](http://www.allianzworldwidecare.com) / [carlos.delacruz@allianz.com](mailto:carlos.delacruz@allianz.com) / [sales@allianzworldwidecare.com](mailto:sales@allianzworldwidecare.com)

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## **ATIPIKA BARCELONA, REAL ESTATE**



ATIPIKA has been offering real estate solutions for purchasing, selling, renting or managing property that adapt to the needs of each client and owner since 1999. Thousands of real estate operations are proof of their great professionalism. Their clients include Spanish and foreign individuals, multinational corporations, consulates, financial institutions and official bodies. The multilingual team with extensive international experience and deep knowledge of the sector is pleased to show the best properties with personalised service. The central headquarters are located on Passeig de Gràcia, the most emblematic boulevard in Barcelona, making it easy to meet with clients. They specialise in the prime areas of the city of Barcelona, Baix Llobregat and Maresme. ATIPIKA offers residential, new build, office buildings, investment properties, land and hotels.

**Web/email:** [www.atipika.com](http://www.atipika.com) / [info@atipika.com](mailto:info@atipika.com)

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## **BARCELONA INTERNATIONAL SCHOOLS ASSOCIATION (BISA)**



BISA is the association that encompasses most of the international schools in Barcelona: American School of Barcelona, Benjamin Franklin International School, British School of Barcelona, Deutsche Schule, ES International School, Kensington School, Lycée Français de Barcelone, Lycée Français de Gavà Bon Soleil, Oak House School, SEK Catalunya International School and Schweizerschule Barcelona.

All of these schools have come together in order to improve the quality of the education they offer, share resources, create a climate of international cooperation and forge links between members and local and national governments.

**Web/email:** [www.bisa.info](http://www.bisa.info) / [info@bisa.info](mailto:info@bisa.info)

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## **BRS RELOCATION SERVICES**



Moving to a new city or country means much more than just looking for a home. BRS knows that this is a transcendental event and is here to guide you throughout your journey, step by step. They offer top-quality personalised service to meet your needs, speeding up a process that could otherwise become disconcerting.

**Web/email:** [www.brs-relocation.com](http://www.brs-relocation.com) / [beatriz@barcelona-relocation.com](mailto:beatriz@barcelona-relocation.com)

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## NET CRAMAN ABOGADOS

**NET CRAMAN**  
LAW FIRM

NET CRAMAN Abogados is an international law firm with offices in Spain, Asia and Latin America. They provide comprehensive services for entrepreneurs and expats on legal, fiscal, accounting, labour and immigration matters for their respective processes of integrating to work in Spain and achieving their investment goals. They help companies set up optimal structures to meet their business goals and support them in the

**Web/email:** [www.net-craman.com](http://www.net-craman.com) / [gb@net-craman.com](mailto:gb@net-craman.com)

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# BASIC BOOTHS

## COMPANIES AND ORGANIZATIONS

### AVANCAR



Avancar is the smart way to get around the city. With more than 400 cars and vans that can be booked by the hour or by the day, all very close by. Drive a car or van from €1.50/hour with petrol, insurance, roadside assistance and up to 80 km included.

**Web/email:** [www.avancar.es](http://www.avancar.es) / [info@avancar.es](mailto:info@avancar.es)

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### BALCELLS GROUP (LEGAL, IMMIGRATION, BUSINESS & TAXES)



Balcells International Lawyers Group is a multidisciplinary law firm with more than 40 years of experience offering legal services to individuals and companies, both local and foreign, on matters of: immigration, business, taxation, civil law and real estate.

**Web/email:** [www.balcellsgroup.com](http://www.balcellsgroup.com) / [www.immigrationspain.es](http://www.immigrationspain.es) / [info@balcellsgroup.com](mailto:info@balcellsgroup.com)

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### BARCELONA CULTURE INSTITUTE



The Barcelona Culture Institute strives to create, manage and maintain the city's artistic, scientific, technological, natural and documentary heritage, disseminating culture in all of the city's districts and neighbourhoods, promoting activities in the cultural sector and incentivising industry and facilities in Barcelona.

**Web/email:** [www.cultura.barcelona](http://www.cultura.barcelona) / [comunicacioicub@bcn.cat](mailto:comunicacioicub@bcn.cat)

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## BARCELONA METROPOLITAN



Barcelona Metropolitan is the only free social, cultural and leisure magazine geared towards the English-speaking community in Barcelona. Published monthly, it has accompanied this community for more than 20 years.

The contents are created by native-speaking writers who reside in the city and provide information on events and topics of interest to readers. Plus, thanks to the archive, with thousands of articles, it has become an essential stop for any foreigner moving to or visiting Barcelona.

**Web/email:** [www.barcelona-metropolitan.com](http://www.barcelona-metropolitan.com) / [andrea@barcelona-metropolitan.com](mailto:andrea@barcelona-metropolitan.com)

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## BARCELONA SPORTS INSTITUTE



The Barcelona Sports Institute, an autonomous body created by the Barcelona City Council, manages sports facilities and is in charge of organising and providing support for sporting events held in Barcelona. This is done taking into account the city's development and projects, as well as social cohesion in its neighbourhoods.

**Web/email:** [barcelona.cat/esports](http://barcelona.cat/esports) / [eollo@bcn.cat](mailto:eollo@bcn.cat)

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## BCNLIP



BCNLIP is a warm, multicultural language school located in the centre of Barcelona. They have qualified teaching staff and adapted facilities to make it easy to learn any language. They offer courses in Catalan, English, German, French, Italian, Hebrew, Portuguese, Japanese, Chinese and, of course, Spanish.

**Web/email:** [www.bcnlip.com](http://www.bcnlip.com) / [info@bcnlip.com](mailto:info@bcnlip.com)

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## BIBLIOTEQUES DE BARCELONA



The network of libraries provides every resident of the city with free access to information and knowledge, promoting reading. It does this through its open and varied collections and programmes, in connection with other cultural, social and educational players in the territory. The libraries are facilities that look to the future, with a strong commitment to using, providing training in and access to new technology.

**Web/email:** [www.barcelona.cat/biblioteques](http://www.barcelona.cat/biblioteques) / [biblios@bnc.cat](mailto:biblios@bnc.cat)

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## BICING



Bicing is the urban transport system in Barcelona based on shared use of bicycles. It is simple, practical and 100% sustainable, perfect for getting around the city. Choose

your route. Save time and money. Benefit the environment. Get exercise. Go wherever you want whenever you want, without smog or noise.

**Web/email:** [www.bicing.cat](http://www.bicing.cat) / [atclientbsm@bsmsa.cat](mailto:atclientbsm@bsmsa.cat)

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## **CATENON**



Catenon is the listed multinational technology-based company, specialising in the global search of professionals, which operates under the web model.

It seeks to find, assess and present candidates from all over the world for its clients, wherever they are located, through consultants anywhere on the globe. The final results of the process are presented to the client in an online multimedia report, with a method that analyses and compares each candidate individually using the industry's most advanced technology.

**Web/email:** [www.catenon.com](http://www.catenon.com) / [barcelona@catenon.com](mailto:barcelona@catenon.com)

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## **CLÍNICUM**



Clínicum is a medical insurance company founded by doctors in Barcelona. It has provided top-quality care since 1949, with top specialists and ongoing innovation in coverage.

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## **CONSORCI D'EDUCACIÓ DE BARCELONA**



The Consorci d'Educació de Barcelona will have to information points regarding language learning, covering all the public language centres available in Barcelona. It

will also provide information on the educational system, which expats should keep in mind when enrolling their children upon arrival.

**Web/email:** [www.edubcn.cat](http://www.edubcn.cat) / [comunicacio.ceb@gencat.cat](mailto:comunicacio.ceb@gencat.cat)

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## CONSORCI PER A LA NORMALITZACIÓ LINGÜÍSTICA



The Consorci per a la Normalització Lingüística is a public body that has locations in each of the city's districts to promote knowledge and use of the Catalan language. Offering: Linguistic guidance for individuals, companies, shops and organisations, onsite and online Catalan courses for all levels, cultural and leisure activities to help learn about the language, culture and city, informal conversations to practice the Catalan language as part of the Voluntariat per la llengua programme.

**Web/email:** [www.cpln.cat](http://www.cpln.cat) / [mgassiot@cpln.cat](mailto:mgassiot@cpln.cat)

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## EADA BUSINESS SCHOOL BARCELONA



EADA is a business school with a unique background. It is an ideologically and financially independent institution. Its raison d'être and existence stem from the desire of a group of professionals to offer society excellent training.

The history and experience of the institution have meant that the people involved with EADA have changed but over its more than 60 years of history its values of equality, independence, personal development, academic excellence and global vision have remained firmly at the heart of everything it does. And all as a private, non-profit foundation governed by a trust to ensure its continuity and sustainability.

**Web/email:** [www.eada.edu](http://www.eada.edu) / [info@eada.edu](mailto:info@eada.edu)

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## EPITECH



Epitech (Paris Graduate School of Digital Innovation) has been the leading university in digital information and innovation in France for more than 15 years.

Its highly innovative project-based teaching method includes work experience at several companies and a year abroad, ensuring that 100% of graduates find work immediately upon graduating.

Epitech has locations in all major French cities and, starting this year, in Spain, too. Its new Barcelona campus is in the 22@ technology district, where it takes advantage of the synergies with numerous technology companies and start-ups from Spain and abroad.

The studies Epitech offers are university level degrees. When they graduate, students get the degree of “Expert in Information Technology” (EQF 7 - European master level).

**Web/email:** [www.epitech.eu/es/](http://www.epitech.eu/es/) / [barcelona@epitech.eu](mailto:barcelona@epitech.eu)

## FABRICK GRACIA



Fabrick Gracia is an emblematic spot in the heart of the Gràcia neighbourhood where companies and entrepreneurs conduct their professional activities in a unique setting where design and communication reign supreme. A cutting-edge space for your company or project.

**Web/email:** [www.fabrick.es](http://www.fabrick.es) / [info@fabrick.es](mailto:info@fabrick.es)

## FEDA GERMAN BUSINESS SCHOOL - EDU INSTITUTE OF MANAGEMENT AND TECHNOLOGY



FEDA Business School is a business school with more than 30 years of experience in professional education for technical degrees.

EDU Institute of Management and Technology offers dual university degrees in Business Administration and Management.

It works with more than 80 member companies from the commercial industrial and logistics sector.

**Web/email:** [www.feda-business-school.com](http://www.feda-business-school.com) / [barcelona@feda-business-school.com](mailto:barcelona@feda-business-school.com)

## FORTEFIS / ERGO OFFICE



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**Web/email:** [www.fortefis.com](http://www.fortefis.com) / [www.ergooffice.es](http://www.ergooffice.es) / [info@fortefis.com](mailto:info@fortefis.com) / [info@ergooffice.es](mailto:info@ergooffice.es)

## INSPIRE BOUTIQUE APARTMENTS



Inspire Boutique Apartments is a Belgian-Spanish company that defends your interests as a buyer when investing in Barcelona.

This team of personal real-estate shoppers is passionate about finding you the home of your dreams, guiding you through the process until you have the keys in your hands.

**Web/email:** [www.inspireapartments.com](http://www.inspireapartments.com) / [info@inspireapartments.com](mailto:info@inspireapartments.com)

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## INTEGRA ADVISERS



Integra Advisers a legal and business consultancy firm for individuals and companies looking to establish residency in Barcelona.

Services include legal advisory to set up new companies, guidance in obtaining residency papers, accounting/tax and labour advice, and legal advice in real estate investment, among others.

The firm's goal is to build a bridge to the complex world of administrative and legal procedures, which must be followed meticulously when investing in a new country.

**Web/email:** [www.integra-advisers.com](http://www.integra-advisers.com) / [luz@integra-advisers.com](mailto:luz@integra-advisers.com)

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## KINGSBROOK IDIOMAS



Kingsbrook is a language school, with courses including Spanish for foreigners, located in the Eixample neighbourhood. They have fifteen years of experience, qualified teachers, dynamic teaching methods and an international, multicultural environment. They offer group, individual and in-company courses, depending on your needs.

**Web/email:** [www.kingsbrook.com](http://www.kingsbrook.com) / [info@kingsbrook.com](mailto:info@kingsbrook.com)

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## LA SALLE - RAMON LLULL UNIVERSITY



Salle Campus Barcelona is a university centre that has been around for more than 110 years and is a founding member of Ramon Llull University. It offers training in Animation and VFX, Architecture and Building, Computer Engineering and Management.

There are undergraduate programmes, postgraduate and masters degrees, PhD programmes, specialisation and accreditation courses, in-company training and summer school.

The university, an Aristos Campus Mundus Campus of International Excellence, is innovative and entrepreneurial, with ties to the business world and the workforce, and is home to the Tech-nova Entrepreneurship Park, recently named one of the top-ten accelerators in Europe and the best in a university setting.

**Web/email:** [www.salleurl.edu](http://www.salleurl.edu) / [sia@salleurl.edu](mailto:sia@salleurl.edu) / [admissions@salleurl.edu](mailto:admissions@salleurl.edu)

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## LANGUAGES4LIFE



Languages4Life helps you communicate in Spanish and English. Located in the elegant Eixample neighbourhood, just five minutes from Passeig de Gràcia, in a beautiful Art-Nouveau building, the school is equipped with the latest technology. Their qualified, experienced teachers will help you develop the skills you need to communicate in Spanish and English in small groups (no more than eight students) and a pleasant setting.

**Web/email:** [www.languages4life.com](http://www.languages4life.com) / [learn@languages4life.com](mailto:learn@languages4life.com)

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## L'IDEM CREATIVE ARTS SCHOOL, FRANCE / BARCELONA



L'Idem Barcelona is an accredited Idem France centre, founded in 1997. It offers dual degrees, French and European, in graphic design, 2-D/3-D animation and videogames.

L'Idem is a member of RECA (Réseau des écoles françaises de cinéma d'animation), which encompasses the top 20 schools in France.

**Web/email:** [www.lidembarcelona.com](http://www.lidembarcelona.com) / [info@lidembarcelona.com](mailto:info@lidembarcelona.com)

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## LOFTUS BRADFORD - EXECUTIVE SEARCH



Loftus Bradford Executive Search is a boutique executive search firm based in Barcelona. They guide clients in preparing succession plans and help them be more proactive in talent planning. They also act as career counsellors for their diverse, international network of top talent in order to help them reach their full potential.

**Web/email:** [www.loftusbradford.com](http://www.loftusbradford.com) / [info@loftusbradford.com](mailto:info@loftusbradford.com)

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## LUCAS FOX INTERNATIONAL PROPERTIES



Founded in Barcelona in 2005, Lucas Fox is the leading real estate agency in selling and leasing property to international clients. They have a team of multilingual professionals and an excellent portfolio of carefully selected properties.

**Web/email:** [www.lucasfox.com](http://www.lucasfox.com) / [info@lucasfox.com](mailto:info@lucasfox.com)

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## MERCATS DE BARCELONA



Barcelona has a network of 40 markets that promote healthy eating, with more than 3,500 establishments and 8,000 professionals.

There you will discover top-quality fresh, local produce. You will find family-run businesses and new entrepreneurs. And while you're doing your shopping, you can enjoy the architectural beauty and renovated facilities, learn in their culinary classrooms or have fun at one of the cultural or family activities.

Relax, meet new people and be part of your neighbourhood at your local market. You're sure to have one nearby.

**Web/email:** [www.mercatsbcn.cat](http://www.mercatsbcn.cat) / [mercatsbcn@mercatsbcn.cat](mailto:mercatsbcn@mercatsbcn.cat)

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## ONTRANSLATION



Ontranslation is the multilingual communication agency you can trust. Want to make this new adventure with your business the best experience of your life? Our website translation, interpretation and sworn translation services will help you eliminate any barriers and speed up your road to success.

**Web/email:** [www.ontranslation.es](http://www.ontranslation.es) / [hello@ontranslation.es](mailto:hello@ontranslation.es)

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## PAGE PERSONNEL



Page Personnel, which belongs to the Page Group, is the leading consultancy firm for specialised recruitment and temporary hiring. They work in 16 different areas: finance, marketing, sales, legal, secretarial, etc. Consultants specialise in the areas in which they work, so they can meet the needs of both clients and job candidates.

**Web/email:** [www.pagepersonnel.es](http://www.pagepersonnel.es) / [pagepersonnel@pagepersonnel.es](mailto:pagepersonnel@pagepersonnel.es)

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## PHYSIOTHERAPY BARCELONA & RUNNING BARCELONA



Physiotherapy Barcelona and Running Barcelona offer physiotherapy, training and coaching with Olympic experience. Their services are multilingual (English, Dutch, German, Spanish) based on certified education in the Netherlands. Top-quality 60-minute individual sessions make sure you get the best results, just like you're used to back home.

**Web/email:** [www.PhysiotherapyBarcelona.com](http://www.PhysiotherapyBarcelona.com) / [www.RunningBarcelona.com](http://www.RunningBarcelona.com) / [info@PhysiotherapyBarcelona.com](mailto:info@PhysiotherapyBarcelona.com) / [info@RunningBarcelona.com](mailto:info@RunningBarcelona.com)

## SANITAS POBLENOU



Sanitas Poblenou specialises in providing the most exclusive private insurance policies, tailored to foreigners living in Spain.

They offer personalised care for clients and their lawyers, helping them set up the healthcare insurance policy required for residency in Spain.

**Web/email:** [oficina-poblenou.sanitas.es](http://oficina-poblenou.sanitas.es) / [nroiget.pex@sanitas.es](mailto:nroiget.pex@sanitas.es)

## SPANISHZOOM



SpanishZoom is an online Spanish school that offers private Spanish classes via videoconference with qualified native teachers. They also offer in-company and in-school classes.

They focus on professionals, expat families, companies and educational centres that need flexible, personalised learning.

**Web/email:** [www.spanishzoom.com](http://www.spanishzoom.com) / [info@spanishzoom.com](mailto:info@spanishzoom.com)

## TALENT SEARCH PEOPLE



Talent Search People is an international recruiting consultancy with offices in Barcelona, Madrid and Lisbon with an average of 550 job offers per month in its six areas of expertise: Sales and Marketing, IT and e-Commerce, Native Speakers, Finance and Legal, Retail, and Engineering and Pharma.

**Web/email:** [www.talentsearchpeople.com](http://www.talentsearchpeople.com) / [marketing@talentsearchpeople.com](mailto:marketing@talentsearchpeople.com)

## THE SPECTRUM IFA GROUP



The Spectrum IFA Group creates and provides financial solutions for expats and foreign residents. These include currency exchange, bank accounts, mortgage advice, tax-efficient investments, QROPS, company pension plans, savings and pensions, medical insurance and more. They also offer wealth management when appropriate and design cross-border solutions for those moving from country to country.

**Web/email:** [www.spectrum-ifa.com](http://www.spectrum-ifa.com) / [admin@spectrum-ifa.com](mailto:admin@spectrum-ifa.com)

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## TRIPMEDIC



TripMedic provides multilingual medical appointments whenever and wherever expatriates want in the city of Barcelona. They work in dermatology, paediatrics, orthopaedics, gynaecology, dentistry, ophthalmology and guarantee same-day visits for general medicine.

**Web/email:** [www.tripmedic.com](http://www.tripmedic.com) / [olivier.marques@tripmedic.com](mailto:olivier.marques@tripmedic.com)

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## TURISME DE BARCELONA DIPUTACIÓ DE BARCELONA



Barcelona Turisme and the Barcelona Provincial Council work to promote the city and province of Barcelona as a tourist destination. Barcelona Turisme creates, manages and markets tourist products designed to make it easier to visit the city. But Barcelona is so much more. The area around Barcelona offers new experiences in nature, winemaking, golf and culture, among others.

**Web/email:** [www.visitbarcelona.com](http://www.visitbarcelona.com) / [www.barcelonaesmoltmes.cat/](http://www.barcelonaesmoltmes.cat/)  
[promocio@barcelonaturisme.com](mailto:promocio@barcelonaturisme.com) / [promocio@diba.cat](mailto:promocio@diba.cat)

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## TURÓ PARK MEDICAL CENTER



Turó Park Medical Centre features an international team of medical specialists that can visit you in several languages, including English, French, Spanish, Catalan and Dutch.

Their medical specialisations include: General medicine, paediatrics, orthodontics, infectious diseases and travel medicine, dentistry, speech therapy, dermatology, plastic surgery and non-invasive plastic surgery, ENT, cardiology, gynaecology, physical therapy and clinical analyses.

They run tests (blood, urine, etc.) every morning from Monday to Saturday, 8 am to 10 am.

**Web/email:** [www.turoparkmedical.com](http://www.turoparkmedical.com) / [contact@turoparkmedical.com](mailto:contact@turoparkmedical.com)

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## UHY FAY & CO



Advisory services for companies and employees regarding their rights and obligations during displacement to provide services in other countries: Designing international mobility policies for employees, reaching displacement agreements, taxation, labour and social security issues, compliance with obligations: tax and social security communications.

**Web/email:** [www.uhy-fay.com](http://www.uhy-fay.com) / [flopez@uhy-fay.com](mailto:flopez@uhy-fay.com)

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## VITALIA QUIROPRACTICA



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**Web/email:** [www.vitaliaquirop.com](http://www.vitaliaquirop.com) / [info@vitaliaquirop.com](mailto:info@vitaliaquirop.com)

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## WICKLOW TAX ADVISORS



Wicklow Tax Advisory was formed to help expats from United States of America navigate the complicated maze of their US tax obligations. Through first-hand experience, we know how intimidating and confusing US tax code can be, especially for expats. With the recent emphasis on foreign asset and bank account reporting, the landscape has become even more complicated and the need to comply, even more important. We have a comprehensive understanding of how the Internal Revenue Service both taxes and treats American citizens residing abroad. Wicklow aims to provide top-quality bespoke tax advice and preparation that addresses each client's specific needs and goals. We have the expertise, skills and experience to accomplish this.

**Web/email:** [www.wicklowtax.com](http://www.wicklowtax.com) / [thomas@wicklowtax.com](mailto:thomas@wicklowtax.com)

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## EDUCATION SHOWROOM

### INTERNATIONAL SCHOOLS



#### AMERICAN SCHOOL OF BARCELONA

The American School of Barcelona is a private international co-educational day school serving students from 3 to 18 years old in the greater Barcelona metropolitan area since 1962. ASB is accredited by the Middle States Association of Colleges and Schools (MSA), and by the International Baccalaureate Organization (IBO). The school is member of BISA (Barcelona International Schools Association). ABS offers a university preparatory curriculum which provides its graduates access to American, Spanish and International universities.

**Web/email:** [www.asbarcelona.com](http://www.asbarcelona.com) / [info@asbarcelona.com](mailto:info@asbarcelona.com)

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#### BENJAMIN FRANKLIN INTERNATIONAL SCHOOL



International school in Barcelona with a rich, unique American and international curriculum for students from 3 to 18 years of age. English is the primary language of instruction. BFIS offers three diplomas: American, Spanish and International Baccalaureate (IBDP). Personalised teaching and small class sizes. Excellent university placements worldwide. Strong home/school partnership, with an engaged community, representing more than 50 different nationalities.

**Web/email:** [www.bfischool.org](http://www.bfischool.org) / [info@bfischool.org](mailto:info@bfischool.org)

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## DEUTSCHE SCHULE BARCELONA - COLEGIO ALEMÁN



As an official German school, they offer teaching in an international environment from pre-school to Abitur/university entrance exams. Campus for 1,400 students that is well equipped with sports facilities, cafeteria and library. The DSB is synonymous with top-notch education, fostering creativity, multiculturalism, camaraderie, values, independence and a sense of social responsibility.

**Web/email:** [www.dsbarcelona.com](http://www.dsbarcelona.com) / [brendemuehl@dsbarcelona.com](mailto:brendemuehl@dsbarcelona.com)

## ES INTERNATIONAL SCHOOL



ES International School offers a personalised programme in English following the American educational system. Located at the facilities of the Academia Sánchez-Casal, emphasis is given to tennis training, as sports are an essential part of the programme. The curriculum includes a solid academic foundation that encourages active participation and a healthy lifestyle.

**Web/email:** [www.es-school.com](http://www.es-school.com) / [info@es-school.com](mailto:info@es-school.com)

## GRESOL INTERNATIONAL-AMERICAN SCHOOL



Gresol International-American School is a private institution providing education for students aged 3 to 18. The group also includes infant schools for children aged 0 to 3 (Gresol Kids) in various towns to offer our educational programme from 4 months. The school strives to stay on the cutting edge of innovation in teaching to ensure that each student reaches their full potential, not only academically but also personally.

Gresol follows the Reggio Emilia philosophy, prioritising the arts, music, sport and technology skills as an essential part of the learning process. The school is currently working to gain AdvancED and International Baccalaureate accreditation.

**Web/email:** [www.gresol.net](http://www.gresol.net) / [info@gresol.net](mailto:info@gresol.net)

## HAMELIN - LAIE INTERNATIONAL SCHOOL



Educational offering: Nursery (from 4 months), infant school, primary school, secondary school, national baccalaureate, international baccalaureate

Characteristics: multilingual school, personalised education, emotional education and values.

**Web/email:** [www.hamelinlaie.com](http://www.hamelinlaie.com) / [laie@escolessas.com](mailto:laie@escolessas.com)

## LYCÉE FRANÇAIS DE BARCELONE



Lycée Français de Barcelone (LFB) was established in Barcelona in 1924.

All teaching is approved by the French National Ministry of Education, ranging from infant school (preschool) to Baccalauréat (Baccalaureate). The LFB is recognised and authorised by the Spanish government and implements the programmes laid out in Franco-Spanish cultural agreements. The centre focuses on shared values in a democratic society, respect for others, self-sufficiency, responsibility, trust, integrating differences, secularism, solidarity, equality and tolerance.

**Web/email:** [www.lfb.es](http://www.lfb.es) / [lfb@lfb.es](mailto:lfb@lfb.es)

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## LYCÉE FRANÇAIS DE GAVÀ BON SOLEIL



The Lycée Français de Gavà Bon Soleil accepts 1,250 students from infant school to the 2nd year of the Baccalaureate. Founded in 1969, the LFG follows the French educational system, validated by the Spanish Ministry of Education, through the end of compulsory secondary education. Years 1 and 2 of the “Bachibac” allow students to obtain both the Spanish Bachillerato and French Baccalauréat. LFG offers comprehensive education based on secular humanistic values, in addition to encouraging cultural openness through multilingualism.

**Web /email:** [www.bonsoleil.es](http://www.bonsoleil.es) / [courrier@bonsoleil.es](mailto:courrier@bonsoleil.es)

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## OAK HOUSE SCHOOL



Oak House is a British School that follows the British National Curriculum in infant and primary school. Classes are taught in English by native speakers. In year 2 (1st Primary), Spanish and Catalan are introduced. In secondary, studies follow the official Catalan system, with a trilingual system and half of the subjects taught in English. Students are also introduced to a fourth language (French or German). Third and fourth ESO pupils prepare for Cambridge IGCSE exams, which open doors to English-speaking universities.

Towards the end of their secondary education pupils are helped to choose between the Spanish or International baccalaureate, which is taught in English.

Oak House School is part of the Eco-schools project and is committed to social responsibility, carrying out various actions to promote solidarity throughout the school year with local and international NGOs.

**Web/email:** [www.oakhouseschool.com](http://www.oakhouseschool.com) / [admisiones@oakhouseschool.com](mailto:admisiones@oakhouseschool.com)

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## SCUOLA ITALIANA DI BARCELONA



The public Italian school in Barcelona includes “Scuola dell’infanzia paritaria” (children aged 3 to 5, 6 classes, approximately 130 students); “Scuola primaria” (students aged 6 to 10, 10 classes, approximately 260 students); “Scuola secondaria di 1° grado” also called “Scuola media” (students aged 11 to 13, 6 classes, approximately 130 students); “Liceo Scientifico” (students aged 14 to 18, 8 classes, approximately 150 students). Classes are taught in Italian. Students also learn English, Spanish and Catalan. The Spanish educational system recognises the Italian school, giving students access to local universities, for example.

**Web/email:** [www.scuolaitalianabarcellona.com](http://www.scuolaitalianabarcellona.com) / [preside@liceoamaldi.com](mailto:preside@liceoamaldi.com)

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## SEK - CATALUNYA INTERNATIONAL SCHOOL



SEK Catalunya International School is located just 35 minutes from Barcelona and is the only school in Catalonia to offer all three International Baccalaureate programmes. This trilingual school, English, Spanish, Catalan, provides students with unbeatable facilities to cover all areas of the curriculum from four months to 18 years old.

**Web/email:** [www.sekcatalunya.es](http://www.sekcatalunya.es) / [admisiones-catalunya@sek.es](mailto:admisiones-catalunya@sek.es)

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## ST. PETER'S SCHOOL BARCELONA



St. Peter’s School is a private international school where students from 12 months to 18 years old are prepared to face the challenges they will come up against throughout their lives. A complete programme of international exams ensures students gain access to universities in Spain and abroad, with a curriculum that combines five languages (English, Spanish, Catalan, French and German), skills and knowledge in science, technology, humanities and communication. Plus, it features a personal development programme that aims to help students become critical, open-minded citizens that are prepared to live, study and work wherever they choose.

**Web/email:** [www.stpeters.es](http://www.stpeters.es) / [annamatas@stpeters.es](mailto:annamatas@stpeters.es)

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## THE BRITISH COLLEGE OF GAVÀ



This college strives to provide students with a personalised education from British teachers following the British curriculum. It uses the most up-to-date educational

methods and advanced technology. The British College of Gavà is a place for students from 3 to 18 years old, approved by the British Council and the Catalan Department of Education.

**Web/email:** [www.britishcollegegava.com](http://www.britishcollegegava.com) / [mariaandrea@bcgava.com](mailto:mariaandrea@bcgava.com)

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## INFORMATION DESKS

### EXPAT ASSOCIATIONS AND SOCIAL CLUBS

#### **ACEGAL, ASSOCIACIÓ CATALANA D'EMPRESES PER GAIS I LESBIANES**



ACEGAL is a non-profit organisation established in 2007. It currently has 100 members, mostly LGBTI businesspeople and merchants. It aims to make businesses in the sector more profitable, promoting Catalonia as an LGBTI tourist destination. The association also provides members with legal services, contact with investors and a jobs centre, among other things.

ACEGAL is the main organiser of Pride Barcelona, the largest LGBTI pride celebration in the Mediterranean.

**Web/email:** [www.acegal.org](http://www.acegal.org) / [director@acegal.org](mailto:director@acegal.org)

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#### **ASOCIACIÓN CULTURAL CASA RUSA EN CATALUÑA**



Since 2010, the main aim of the Association “Casa Rusa en Catalunya” has been to extend and tighten the cultural ties between Spain, Catalonia, Russia and the world. It promotes joint projects with organisations in the Russian community throughout Spain, and regularly holds international events, contests, music or dance festivals, and exhibitions with artists from all over the world.

A significant part of the association’s efforts goes to raising awareness and sharing information on Russian culture and traditions,

**Web/email:** [www.casarusu.cat](http://www.casarusu.cat) / [info@casarusu.cat](mailto:info@casarusu.cat) / [artfestival@casarusu.cat](mailto:artfestival@casarusu.cat)

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## ASODAME - CLUB BPW - BCN (BUSINESS PROFESSIONAL WOMEN)



Group of businesswomen (freelancers, businesswomen and executives) with products and services from all sectors. Interested in new members from other countries and in exchanging experiences and opportunities for business growth and expansion. Excellent perspectives for improvement and creativity, both for companies and promoting female entrepreneurship.

**Web/email:** [www.asodame.com](http://www.asodame.com) / [elena-memora@telefonica.net](mailto:elena-memora@telefonica.net)

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## BARCELONA WOMEN'S NETWORK (BWN)



The Barcelona Women's Network is a social group of international women. The group aims to foster friendship and greater cultural understanding of Barcelona and Catalonia, as well as giving back to the community through fundraising and monthly activities.

**Web/email:** [www.bcnwomensnetwork.com](http://www.bcnwomensnetwork.com) / [bwn@bcnwomensnetwork.com](mailto:bwn@bcnwomensnetwork.com)

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## CASA DEGLI ITALIANI DI BARCELONA



Founded in 1865, this is the oldest Italian body abroad in the world. It is a cultural/charity association located in a historical Modernisme building on Passatge Méndez Vigo. The association is the main meeting place for Italians in Barcelona.

**Web/email:** [www.casaitaliani.com](http://www.casaitaliani.com) / [comunicazione@casaitaliani.com](mailto:comunicazione@casaitaliani.com)

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## CATALÒNIA HOQUEI CLUB



A family oriented field hockey club, with players ranging from five years old to adults. They train at the Pau Negre municipal facilities on Montjuïc and compete in the Catalan Hockey Federation.

**Web/email:** [www.cataloniahoqueiclub.com](http://www.cataloniahoqueiclub.com) / [cataloniahc@movistar.es](mailto:cataloniahc@movistar.es)

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## CEEAC, CAMBRA D'EMPREDENDORS I EMPRESARIS ASSOCIACIÓ CATALANA



Cambra d'Emprendadors i Empresaris Associació Catalana was created to serve as a backbone around which to structure a new generation and ways of working in the field of cooperation and growth of entrepreneurs and businesspeople. Their active, experienced professionals provide comprehensive guidance for developing projects, foster synergies among entrepreneurs and businesspeople to get their initiatives off the ground, and offer training courses in specific subjects.

**Web/email:** [www.ceeac.cat](http://www.ceeac.cat) / [info@cambraceeac.com](mailto:info@cambraceeac.com)

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## CLUB DE NEGOCIOS MÉXICO - BARCELONA



Club de Negocios México-Barcelona aims to be the puzzle piece that joins business interests in Mexico and Spain through a cosmopolitan city like Barcelona, improving opportunities for all involved. A modern, fresh, cutting-edge club of professionals looking to give businesspeople innovative new tools.

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## CLUB NATACIÓ BARCELONA



CLUB NATACIÓ BARCELONA  
Pioners de l'esport 1907

A sports and social club with more than 100 years of history and a privileged location right on the beach in the Barceloneta. With a total of 24,000 m<sup>2</sup> of facilities, the club offers a wide variety of indoor and outdoor sporting activities for the whole family.

**Web/email:** [www.cnb.cat](http://www.cnb.cat) / [mmoncunill@cnb.cat](mailto:mmoncunill@cnb.cat)

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## CLUB SUIZO DE BARCELONA



They aim to be a meeting point for Swiss and other residents of Barcelona (regardless of their nationality), to promote social life and help develop all sorts of relations between Spain and Switzerland. To do so, they organise fun, cultural and culinary activities, as well as socioeconomic meetings.

**Web/email:** [www.clubsuizobarcelona.com](http://www.clubsuizobarcelona.com) / [presidencia@clubsuizobarcelona.com](mailto:presidencia@clubsuizobarcelona.com)

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## COWOCAT – ASSOCIACIÓ COWORKING DE CATALUNYA



COWOCAT is a community of communities, a networking lab open to new experiences and ways of uncovering new opportunities and shared knowledge. A different approach to co-working, based on collaboration and multiculturalism, through which the community stimulates and shares knowledge, talent and innovation.

**Web/email:** [www.cowocat.cat](http://www.cowocat.cat) / [associacio@cowocat.cat](mailto:associacio@cowocat.cat)

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## INTERNATIONAL YOGA TEACHERS ASSOCIATION (IYTA)



The International Yoga Teachers Association (IYTA) is an association of yoga teachers and students that works to raise awareness and encourage the practice of yoga. It is one of the most prestigious schools in Spain, with more than 40 years of experience training yoga teachers. Their next course will begin in January.

**Web/email:** [www.iyta-es.org](http://www.iyta-es.org) / [info@iyta-es.org](mailto:info@iyta-es.org)

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## INTERNATIONS



PWN is a non-profit organisation that strives to advance gender balance in leadership. Its global network has 4,000 members and its main activities include: A mentoring programme, monthly workshops to learn and advance members' careers, a monthly event where participants can advance their careers through the PWN network of business and corporate professionals, in English.

Come join the PWN Barcelona today so we can advance together!

**Web/email:** [www.internations.org](http://www.internations.org) / [paulconde@yahoo.com](mailto:paulconde@yahoo.com) / [enykaenen@hotmail.com](mailto:enykaenen@hotmail.com)

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## PROFESSIONAL WOMEN'S NETWORK (PWN) BARCELONA



PWN is a non-profit organisation that strives to advance gender balance in leadership. Its global network has 4,000 members and its main activities include:

a mentoring programme, monthly workshops to learn and advance members' careers, a monthly event where participants can advance their careers through the PWN network of business and corporate professionals, in English.

Come join the PWN Barcelona today so we can advance together!

**Web/email:** [www.pwnbarcelona.net](http://www.pwnbarcelona.net) / [community@pwnbarcelona.net](mailto:community@pwnbarcelona.net)

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## **RED GLOBAL MX (MEXICANOS CALIFICADOS EN EL EXTERIOR) CAPÍTULO BARCELONA**



Red Global MX is an interconnected global network for the highly qualified migrant community living abroad, allowing them to implement projects to benefit Mexico in order to help develop the country.

The network is organised into a Global Coordination Board, Regional Coordination Boards and Chapters, which set their own goals and targets. The chapters each have a local identity but adhere to the general mission of Global MX.

**Web/email:** [www.redglobalmxbarcelona.com](http://www.redglobalmxbarcelona.com) / [info@redglobalmxbarcelona.com](mailto:info@redglobalmxbarcelona.com)

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## **SERVICIO FILIPINO**



Servicio filipino is a social co-op created by a group of volunteers who have seen the inequality and wanted to create a platform to benefit society. Its main goal is to put people who need a worker with specific skills in touch with Filipino workers who fit those needs.

**Email:** [serviciofilipino32@gmail.com](mailto:serviciofilipino32@gmail.com)

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## **UNION DES FRANÇAIS DE L'ÉTRANGER**



Union des Français de l'Étranger is a public-interest association with 180 chapters in 100 countries. It provides guidance for French citizens in all aspects of their life abroad.

From practical issues when they arrive to help finding employment and organising social, cultural and sporting events throughout the year.

**Web/email:** [www.emploi-espagne.org](http://www.emploi-espagne.org) / [www.facebook.com/ufecatalogne/](https://www.facebook.com/ufecatalogne/) / [barcelone@ufe-espagne.com](mailto:barcelone@ufe-espagne.com)

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### THE ABCS OF TAXES IN SPAIN: ADVANTAGES AND CHARACTERISTICS

*Tomás Lamarca (Managing Partner of the Net Craman's Tax Department)*

 Sala Llobregat

 14:45h

### INTERNATIONAL MOBILITY OF PROFESSIONALS AND INVESTORS TO BARCELONA

*Oriol Mosso (Director of OMB Immigration, Net Craman Group)*

 Sala Besós

 11:15h

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abogadosasociados@net-craman.com



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**We are specialists in stepping into the shoes of our new customers from abroad. This is our Welcome Service.**

With our new Welcome Service, at Banco Sabadell, we step into the shoes of new residents. We are there at their side both when they first get here and throughout their daily lives here in Spain. And we do so by giving them the guidance and service they deserve, not only when it comes to

financial matters like opening an account or investing, but also with things related with their personal lives in our country.

**Find out more at**  
**[bancosabadell.com/welcome](https://bancosabadell.com/welcome)**  
**or call +34 902 343 999**  
**(24 hour, 7 days a week).**

**B Sabadell**  
There, wherever you are