In the city, bicycles must be ridden on
the road, in bicycle lanes and roads
especially adapted for this use, such as
30 Zones and single-platform streets,
places where cyclists peacefully coexist with pedestrians.
When traveling by bicycle you must
able to use most traffic regulations
and signposts (traffic lights, vertical and lateral
signs, etc.), giving priority to and
right of way to pedestrians on
pavements, paths and pedestrian
areas.

Bicycles may not be ridden
on pavements, regardless of their
width, if there is a bicycle lane on
that street. Only cyclists under the age of 12 years
and their accompanying adults are
allowed to cycle along all pavements,
provided they always give pedestrians right
of way.

Bicycles may pull a standardised
trailers for transporting people,
animal or goods, provided the
driver is an adult and liable.

30 Streets and Zones

Bicycle lanes are for the exclusive use of
cyclists, personal mobility vehicles
and cycling with more than two wheels.
Motorised vehicles (cars, motorbikes and
motorcycles) may not use them, nor
stop on them, nor park on them.

When these streets only have one
lane, cars and motorbikes are
prohibited from overtaking cyclists.
They may only overtake bicycles in
street with various lanes, provided
they are able to change lanes when
overtaking.

Where can you park?

In places designated for that purpose
(ground-level anchor points or
underground car parks).

For your bicycle’s security, link both
its wheels and the frame to the
anchor point.

You must have a bell on your bicycle
for warning others of your presence.
If you cycle at night, you must have a
white headlight and a red rear light,
and reflectors. These must all
be standardised and easily visible
to pedestrians and motorists.

How many passengers can a bicycle carry?

Bicycles may pull a standardised
trailers for transporting people,
animal or goods, provided the
driver is an adult and liable.

Bicycles may not be ridden on
pavements, regardless of their
width, if there is a bicycle lane on
that street. Only cyclists under the age of 12 years
and their accompanying adults are
allowed to cycle along all pavements,
provided they always give pedestrians right
of way.

Traffic regulations for PMVs

1. Single-platform streets where vehicle
access and circulation are allowed.
In this areas pedestrians have right
of way, you must respect their right
of way.

2. Cycle lanes on the pavement, at a
maximum speed of 10 km/h.
Pedestrians have right of way when
they have to cross the lane. You must
reduce your speed when going over a
zebra crossing, to avoid possible
conflict with pedestrians, and take
the necessary precautions when you
do so.

3. Cycle lanes on the road, a maximum
speed of 25 km/h. Pedestrians
have right of way when they have to
cross the lane. You must reduce your
speed when going over a zebra
crossing, to avoid possible
conflict with pedestrians, and take
the necessary precautions when you
do so.

4. On 30 km/h roads, at a maximum
speed of 25 km/h.

5. Parks, at a maximum speed of
10 km/h and respecting pedestrians’
right of way.

Bell and light

You must have a bell on your bicycle
for warning others of your presence.
If you cycle at night, you must have a
white headlight and a red rear light,
as well as reflectors. These must all
be standardised and easily visible
to pedestrians and motorists.

Helmet and insurance

Under 16s must wear a helmet.
For the rest of the population, it
is not compulsory but strongly
recommended for safer cycling.

You are advised to take out a civil
liability insurance policy as well as an
insurance policy against vehicle theft.

You can register your bicycle, personal
mobility vehicle or cycle with more
than two wheels at the municipal
bicycle registry.

Further information: bmsa.cat

Traffic lights

In order to peacefully coexist with
pedestrians, bicycles must comply
with the following:

• Respect the right of way of
pedestrians and avoid any
manoeuvre that might affect
pedestrian safety.
• Ride at least 1 metre away from
building facades.
• If there are a lot of pedestrians and you
are unable to maintain safety
conditions, you must get off the
bicycle and walk.

How should you travel by bike?

• Leave a safe distance between you
and the pavement or parked cars.

• Indicate before overtaking or
changing direction and establish eye
contact with the drivers of motor vehicles.

• Hold on to other moving vehicles.

• Only one wheel.

• Indicate before turning right
and establish eye contact with
the drivers of motor vehicles.

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