

SOCIAL DYNAMISATION SERVICE

The Fòrum Bathing Area

ACTIVITY PROGRAMME

Timetable	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11h - 12h	Bicycle tour	Environmental workshop. Snorkel	Bicycle workshop	Environmental workshop. Snorkel	Swimming	Bicycle tour
12h - 13h			Bicycle tour		Aquagym	
13h - 14h	Crossfit	Aquagym		Soccer 3x3		
14h - 15h	Pause					
16h - 17h	Aquagym	Music Therapy	Basketball 3x3	Music Therapy	Swimming	Crossfit
17h - 18h	Swimming		Swimming		Basketball 3x3	Skate
18h - 19h	Radio workshop	Swimming	Radio workshop	Aquagym	Film Forum	Swimming
19h - 20h		Soccer 3x3		Soccer 3x3		Soccer 3x3

FREE ON-SITE REGISTRATION

